

## COMPUTER PALS FOR SENIORS TURRAMURRA INC.

PO Box 66, Turramurra, NSW 2074. Newsletter No. 67: January/February 2010

Computer Room Tel. No. 9983 0774 (11 am – 4 pm)

Website: www.cpst.org.au Email: <a href="mailto:tcpssec@hotkey.net.au">tcpssec@hotkey.net.au</a>

Turramurra Computer Pals is supported by Microsoft



# Best wishes for a very happy and prosperous

Another year has passed and we're all a little older, last summer felt hotter and winter seems much colder. There was a time not long ago when life was quite a blast, now I understand about 'Living in the Past'. We used to go to weddings, football games and lunches, now we go to funeral homes and after-funeral brunches. We used to have hangovers from parties that were gay, now we suffer body aches and while the night away. We used to go dining and couldn't get our fill, now we ask for doggie bags, come home and take a pill. We used to often travel to places near and far, now we get sore asses from riding in the car. We used to go to nightclubs and drink a little booze, now we stay home at night and watch the evening news. That, my friend is how life is and now my tale is told, so enjoy each day and live it up ... BEFORE YOU'RE TOO DAMNED OLD!!!!

The Club goes on hold from mid-December until near the end of January. This does not mean that everything stops - a lot goes on behind the scene, especially some of our manuals being rewritten, and a lot of photocopying. Class lists for the various courses are on the noticeboard in the foyer of the club rooms, and you may come up and place your name on the appropriate course for you. **There is a document on the board giving the different toolbars for Word 2003 and Word 2007 – please enrol in the class that teaches the program that you have on your own computer.** It is sometimes difficult to read the names and numbers on the list, so please write clearly (*we are all getting older!!!*). The club rooms are not attended full time as the committee wants to fit in with social engagements over this period. Please ring the club on 9983 0774, or Margaret Ball, Norma Kelly, or Stella Maude (Tel. Nos. overleaf) or Phil Sim on 9449 3031 to ensure someone is in attendance.

The following courses will still be running next year:

Introduction to Computing: (six weeks course) Monday, Tuesday, Wednesday and Thursday

Working With Word: Thursday and Friday (four weeks) Mastering Word: Monday and Thursday (six weeks)

Internet/Email: Tuesday and Wednesday mornings, Friday afternoons (four weeks)

**Introduction to Publisher:** Tuesday afternoons (five weeks) **Introduction to Excel:** Thursday mornings (six weeks)

**Digital Photography:** Monday and Thursdays, mornings and afternoons

The days that these courses are held may alter occasionally. It all depends on the tutors' availability so please be understanding - they do have the occasional holidays and a life outside of Computer Pals!

#### **SLIDES/TRANSPARENCIES:**

Timeslots for converting slides to CDs will be allocated after Room 1 classes are finalised.

#### **COMPUTER HELP SESSION:**

The first help session for 2010 will be on 11 February, 2-4 pm. This is a good opportunity to get any help you may need with what you have learnt in our courses, and with any other queries regarding computing.

#### KEEPING YOUR COMPUTER SAFE ON THE INTERNET:

Not a day goes by where we don't hear about some new kind of threat aimed at wreaking havoc across machines connected to the Internet. It is essential that anti-virus software is installed, and that it is kept updated. It is also a good idea to install a firewall. When using email, DO NOT open any message from a source you are not familiar with, especially if there is an attachment. Not only may the sender unknowingly have some malware, but the attachment may have come from someone else and is really only being sent on. There is, however, a free ebook available that gives a great deal of information on computer safety written by Leo A Notenboom, click onto

<u>http://ask-leo.com</u>. For your information, the club computers are protected by AVG - a free version is easily downloaded from the internet – www.free.avg.com.

#### **NEW DEMOGRAPHIC ACRONYMS:**

We have all heard of the **SKI** club (spend kids' inheritance) or **SKIN** (spend kids' inheritance **now**) and **NIMBY** (not in my back yard). Here are a few others: **DIMP** (double income, money problems); **HENRY** (high earner, not rich yet); **KIPPERS** (kids in parents' pockets eroding retirement saving); **LIPS** (low income, parents supporting); **OINK** (one income, no kids); **ORCHID** (one recent child, heavily in debt); **SKIPPY** (school kid with purchasing power); **WOOPIE** (well-off older person), this one is, hopefully, us!!!!

#### PDF FILES - WHAT ARE THEY AND HOW DO YOU OPEN THEM:

PDF is an acronym for Portable Document Format. These files are protected from changes and retain the exact elements of a presentation such as specific fonts and layouts. They let other people view documents as the author designed them without need for the same programs or fonts on others' computers. PDF files can be viewed by using Adobe Acrobat Reader which can be down-loaded for free from <a href="http://get.adobe.com/uk/reader/">http://get.adobe.com/uk/reader/</a>. The latest version is 9.

#### CLUB OPEN DAY DURING SENIORS WEEK:

As usual, the club has arranged to have an Open Day on Wednesday 17 March 2010 – this coincides with Ku-ringgai Council's activities for Seniors Week. Please make a note of the date and inform your family and friends of the occasion.

### General Meeting – Thursday 25 February, 2 pm A presentation of Margaret's trip to Scandinavia in 2009 (Please Note: there is no General Meeting in January)

For further information, please contact any of the following:

President:	Ken Doyle	9449 9160
Vice President	Norma Kelly	9144 3186
Secretary:	Margaret Ball	9487 2679
Treasurer/Public Officer:	Patrick Bohr	9489 0230
Committee:	Stella Maude	9449 3083
	John Richardson	9418 1228
	Jim Sweeting	9449 4369
	Roy Sim	9476 1339

#### Things to ponder

A perfect summer's day is when the sun is shining, a breeze blowing, birds singing, and the lawn mower has broken down.

Do you know how to prevent sagging? Just eat and eat until all the wrinkles have filled out.

According to the weather forecast, I have been sloshing around in 2 inches of slightly cloudy.

Dolphins are so smart, after a few weeks of captivity they can train people to stand at the edge of the pool and throw fish to them.

Two old men in the park - "when you think about it God has to be the best inventor of all time – he took a rib from Adam and made a loudspeaker".

What is the best form of birth control after 50? Nudity!

The Club runs financially on a calendar year. Could you please use this renewal slip to accompany your 2010 fees - our courses are only available to financial members.

Renewal of Membership Fee: January – December 2010		
Name:	Address:	
Telephone No	Email:	
Single: \$65.00	Married Couple: \$100.00 (Please circle relevant amount)	

Send to: Treasurer, Computer Pals for Seniors, Turramurra Inc, PO Box 66, Turramurra, NSW 2074